



# KARATE ATLANTA

Roswell Corners Shopping Center (Super Target) (770) - 998 - 7717

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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## INTRO PROGRAM (2 Days / Week) / TINY TIGERS LEVEL 1 (3 Days / Week)

Tiny Tigers	4:00 - 4:30		5:00 - 5:30			9:00 - 9:30
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## TINY TIGERS LEVEL 2 & 3 (3 Days / Week)

Tiny Tigers		4:00 - 4:30		5:15 - 5:45		9:00 - 9:30
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## INTRO PROGRAM (2 Days / Week) / EVALUATION / BASIC PROGRAM (3 Days / Week)

White Belt Juniors	6:00 - 6:30		4:30 - 5:00		5:30 - 6:00	9:30 - 10:00
Orange & Above		5:15 - 5:45	4:00 - 4:30		5:30 - 6:00	9:30 - 10:00

## BLACK BELT CLUB PROGRAM (3 Days / Week)

Color Belt Juniors Orange - Green	5:15 - 6:00		5:30 - 6:15		4:45 - 5:30	10:00 - 10:30 (Sparring)
Color Belt Juniors Purple - Red		4:30 - 5:15		5:45 - 6:30	6:00 - 6:45	10:30 - 11:00 (Sparring)
Recommended Black Belt Juniors	6:30 - 7:15	5:45 - 6:30		4:30 - 5:15	4:00 - 4:45	10:30 - 11:00 (Sparring)

## LEADERSHIP PROGRAM (Unlimited Classes / Week)

Color Belt Juniors Orange - Green	4:30 - 5:15		6:15 - 7:00		4:45 - 5:30	10:00 - 10:30 (Sparring)
Color Belt Juniors Purple - Red	4:30 - 5:15		6:15 - 7:00		6:00 - 6:45	10:30 - 11:00 (Sparring)
Recommended Black Belt Juniors	6:30 - 7:15	5:45 - 6:30		4:30 - 5:15	4:00 - 4:45	10:30 - 11:00 (Sparring)
Black Belt Juniors	6:30 - 7:15	5:45 - 6:30		4:30 - 5:15	4:00 - 4:45	10:30 - 11:00 (Sparring)
XMA Class (Leadership Program)				6:30 - 7:15 (XMA)		
Demo Team		6:30 - 7:15	2nd & 4th Tuesday of Every Month			

## ADULTS

Adult Color Belts		7:15 - 8:15	7:00 - 8:00 (Purple & Above Only)	7:15 - 8:15	6:45 - 7:30 (BBC & Leadership)	11:00 - 12:00
Adult Black Belts & Rec. Black Belts	7:15 - 8:15		7:00 - 8:00		6:45 - 7:30 (BBC & Leadership)	11:00 - 12:00
XMA Class (Leadership Program)				6:30 - 7:15 (XMA)		

## INSTRUCTOR / DELTA PROGRAMS

Instructor Class / Delta		6:30 - 7:15	1st & 3rd Tuesday of Every Month			
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## PRIVATE LESSONS

Private Lessons are \$25 for 30 minutes (By Appt. Only)	3:00 - 3:30 / 3:30 - 4:00	3:00 - 3:30 / 3:30 - 4:00	3:00 - 3:30 / 3:30 - 4:00	3:00 - 3:30 / 3:30 - 4:00	3:00 - 3:30 / 3:30 - 4:00	
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Schedule Effective June 1, 2010 .... (Schedule subject to change without notice)

Students must attend class in Full /Clean Uniform. (Friday & Saturday are Karate T-Shirt Days)

\* ALL GUESTS ATTENDING WITH STUDENTS, MUST FILL OUT A BUDDY PASS PRIOR TO JOINING CLASS