

# KARATE ATLANTA

8465 Holcomb Bridge Road  
 770-642-9222 or email [ataalpharetta@bellsouth.net](mailto:ataalpharetta@bellsouth.net)  
 Web Site is [www.karateforkidsfamilycenter.com](http://www.karateforkidsfamilycenter.com)

## TINY TIGERS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tigers Lvl. 1	6:00-6:30	4:00-4:30		3:30-4:00		9:00-9:30
Tiny Tigers Lvl. 2	6:00-6:30	3:30-4:00		4:00-4:30		9:00-9:30

## Jr. White Belts

Juniors	4:15-4:45	5:45-6:15		5:00-5:30		11:00-11:30
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## Basic Program 3 times a week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juniors	4:45-5:15	6:15-6:45		4:30-5:00		11:00-11:30

## Black Belt Club 3 times a week

Juniors		5:00-5:45		5:45-6:30	4:15-5:00	11:30-12:15
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## ADULTS

Color Belts	7:15-8:00		7:00-8:00		6:30-7:30	
Black Belts	7:15-8:00	6:45-7:45		7:15-8:00		

## Family Classes

Family Classes						9:30-10:15
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## Leadership Program Unlimited Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White-Rec. Black	5:15-6:00		5:15-6:00		5:45-6:30	
Rec. Black Belt	5:15-6:00		4:30-5:15		5:45-6:30	
Black Belts Juniors	6:30-7:15		6:00-6:45	6:30-7:15		
<b>CIT/DEMO</b>	Every other	Friday please	check the	calendar	<b>5:00-5:45</b>	
<b>XMA/COMP TEAM</b>	Every other Saturday please check the calendar .....					<b>10:15-11:00</b>

Fraturdays and Sat. are karate T-shirt days.



**Chief Instructor: Mr. Chong Sul 5th Degree Black belt**  
**Head instructor: Mr. Miguel Roman 4th Degree Black belt**  
 Assistant Instructors: Madison Seymour & Dana Hanington  
 Schedule goes into effect on June 29th 2009



**In a world full of followers, DARE to be a LEADER!**